



CanSkate

JOY of Skating

S S S S N O W M I T T E N S M
M K P L N N C D N P U S H K R
W A I A X S D N R F G M P N B
A T N L P Q W S I A U D W R B
R E X O F U S K B A A Z F R D
M E C M P I T A B J R K A N P
U M Z N T C Z T O M L N J R O
P K X A U K J E N L M E N I N
A S J X R T W R S J U K J G E
W S U D N U H P G S S Q M H F
P L N Y Z R B X O T I L I T O
O R V P S N D N G E C H S K O
S T A T I O N S K P X O T T T
C I Y C Q A X J C N O V O D S
J S C U L L I N G V C I P S O

MITTENS

MUSIC

ONE FOOT

PUSH

QUICK TURN

SKATER

SLALOM

SNOW

SPIN

STATIONS

RIBBONS

RIGHT

SCULLING

SKATE

STEP

STOP

TURN

WARM UP